

QUICK FACTS

ROCKBRIDGE AREA HEALTH CENTER & COVID-19

Rockbridge Area Health Center has Emergency Preparedness Plans and Processes in place to activate when the need arises. Here are some Quick Facts which may be helpful during the COVID-19 outbreak.

1. Rockbridge Area Health Center serves Everyone.

Rockbridge Area Health Center provides primary care to anyone, no matter if a person is employed, unemployed, or under-employed. RAHC treats patients who have insurance, patients who don't have insurance, and patients who use Medicaid or Medicare.

2. Not working? Can't afford your medications? Lose your Health Plan? Rockbridge Area Health Center can help with your care.

- I. Rockbridge Area Health Center generally offers primary health services at a lower cost. We also have a sliding fee scale which may further reduce the cost of your care.
- II. RAHC offers Medication Assistance Programs to help you pay for your medications.
- III. If you lose your Health Plan because you are out of work, you may qualify for Virginia's Medicaid program, or a health insurance marketplace "Special Enrollment Period." RAHC has Certified Application Counselors who can help you find out what plans and programs are available to you. If COBRA insurance has been offered to you, compare it to other plans or programs that may be available to you.

3. How to connect with the Rockbridge Area Health Center:

Call the Rockbridge Area Health Center to get information, schedule medical appointments, or to connect with a Certified Application Counselor about health plans and Medicaid at (540) 464-8700.

4. Do you think you should be tested for COVID-19?

The most common signs of COVID-19 are fever, cough, and difficulty breathing. If you think you have been exposed to COVID-19 and are having these symptoms, call (540) 464-8700, option 4, then option 1, to speak with a nurse. The nurse will decide if you need to be tested or seen in person.

Keep in mind that there is no treatment for COVID-19. People who are mildly ill may not need to be tested and should isolate care for themselves at home.

If you are sick with COVID-19 or think you might have the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and your community.

- I. Stay home, except to get medical care, get rest and drink plenty of fluids.
- II. Separate yourself from other people and animals in your home.
- III. Call ahead before visiting a doctor and monitor your symptoms.
- IV. Wear a facemask when around other people or pets.
- V. Cover your coughs and sneezes and clean your hands often. Avoid sharing personal items.
- VI. Clean all frequently touched surfaces daily.



Rockbridge Area
Health Center

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